

Breakfast Menu

April 2017

Choices available Daily:

Whole Grain Cereal Bowl

Whole Grain Cereal Bar

Whole Grain Rich Muffin

Yogurt Cup

100% Whole Wheat Toast

Fresh Fruit – Banana, Apple, Orange

100% Juice – Apple, Grape, or Orange
Juice

Milk – Skim White or Chocolate
1% White

Students are required to choose a minimum of 3 items (max of 4) to put on their tray. 1 item must be a fruit.



**SERVING BREAKFAST
FROM 7:35 AM TO 7:55 AM**

1 carton of milk is included with each Breakfast. Additional cartons of milk are available for \$.30 each and will be charged to your meal account.

Did you know that students who qualify for FREE or REDUCED Lunch also qualify for FREE or REDUCED Breakfast?



Monday	Tuesday	Wednesday	Thursday	Friday
3 Cheez- Its Baked WG Cracker Pk	4 Mini Waffles	5 WG Goldfish Crackers	6 Pancake Sausage On a Stick	7 Conferences/ Vacation
10 WG Goldfish Crackers	11 Mini Pancakes	12 Cheez- Its Baked WG Cracker Pk	13 Cinnamon Glazed French Toast Sticks	14 Vacation
17 Vacation	18 Bacon Scramble Breakfast Pizza	19 Minni Cinni	20 Mini Pancakes	21 WG Goldfish Crackers
24 Cheez- Its Baked WG Cracker Pk	25 Pancake Sausage On a Stick	26 WG Goldfish Crackers	27 Egg & Cheese Breakfast Sandwich	28 Bug Bite Cinnamon Graham Cracker pk
			YOU MUST HAVE 1 SERVING OF FRUIT ON YOUR TRAY.	

“This institution is an Equal Opportunity Provider.”

Lancaster Community Schools