

Breakfast Menu

December 2017

Choices available Daily:

Whole Grain Cereal Bowl

Whole Grain Cereal Bar

Yogurt Cup

100% Whole Wheat Toast

Fresh Fruit

100% Juice – Apple, Grape, or Orange
Juice

Milk – Skim White or Chocolate
1% White

Students are required to choose a minimum of 3 items (max of 4) to put on their tray. 1 item must be a fruit.



**SERVING BREAKFAST
FROM 7:35 AM TO 7:55 AM**

1 carton of milk is included with each Breakfast. Additional cartons of milk are available for \$.30 each and will be charged to your meal account.

Did you know that students who qualify for FREE or REDUCED Lunch also qualify for FREE or REDUCED Breakfast?



Monday	Tuesday	Wednesday	Thursday	Friday
	YOU MUST HAVE 1 SERVING OF FRUIT ON YOUR TRAY.			1 Muffin
4 Muffin	5 Pancake/Sausage Wrap	6 Goldfish Cracker pk	7 French Toast Sticks	8 Mini Cinni
11 Goldfish Cracker pk	12 Mini Pancakes	13 Muffin	14 Egg & Cheese Breakfast Sandwich	15 Apple Granola Bar
18 Minni Cinni	19 Pancake/Sausage Wrap	20 Goldfish Cracker pk	21 Mini Pancakes	22 Muffin
25 Christmas	26 Vacation	27 Vacation	28 Vacation	29 Vacation

“This institution is an Equal Opportunity Provider.”

Lancaster Community Schools