

**HS Lunch Menu**

**November 2017**

**Lancaster Community Schools**

Monday		Tuesday		Wednesday		Thursday		Friday	
30	<b>Popcorn Chicken</b> Mashed Potatoes Corn Salad Bar Fruit Bread Slice	31	<b>Ham &amp; Cheese Sandwich or Hamburger on a Bun</b> FF Green Beans Salad Bar Fruit Bread Slice	1	<b>Soft Shell Taco Or Meatball Sub</b> Refried Beans Salad Bar Fruit Bread Slice	2	<b>Mini Corndogs Or Teriyaki Chicken Sandwich</b> Baked Potato Carrots Salad Bar Fruit Bread Slice	3	<b>Early Release</b>
6	<b>Chicken Nuggets</b> FF Carrots Salad Bar Fruit Bread Slice	7	<b>Super Nachos Or BBQ Pulled Pork Sandwich</b> Refried Beans Salad Bar Fruit Bread Slice	8	<b>Pizza</b> Green Beans Salad Bar Fruit Slushie or Sherbet Cup Bread Slice Happy November Birthdays!!!!	9	<b>Spaghetti /Meat Sauce Or Mozz Sticks with Sauce</b> Garlic Bread Stick Salad Bar Fruit Bread Slice	10	<b>Conferences am/ Vacation pm</b>
13	<b>Breaded Chicken Patty Sandwich</b> Seasoned Potato Wedges Mixed Veggies Salad Bar Fruit Bread Slice	14	<b>Hot Dog Or Hamburger</b> FF Baked Beans Salad Bar Fruit Bread Slice	15	<b>Pizza</b> Green Beans Salad Bar Fruit Bread Slice	16	<b>Corndogs Or Philly Chicken Sandwich</b> Carrots Salad Bar Fresh Fruit Bread Slice (6-12)	17	<b>Cold Cut Sub with all the Fixin's</b> Baked Potato Salad Bar Fruit Bread Slice
20	<b>Popcorn Chicken</b> Sour Cream & Chive Wedges Carrots Salad Bar Fruit Bread Slice	21	<b>Mozz Sticks/Sauce (K-1) Or Spaghetti with Meat Sauce</b> Garlic Bread Stick Salad Bar Fruit Bread Slice	22	<b>Early Release</b>	23	<b>Thanksgiving</b>	24	<b>Vacation</b>
27	<b>Chick'N Fry Sticks</b> Hash Brown Patty Mixed Veggies Salad Bar Fruit Bread Slice	28	<b>Hamburger Or Chicken Alfredo</b> Carrots Salad Bar Fruit Bread Slice	29	<b>Pizza</b> Green Beans Salad Bar Fruit Bread Slice	30	<b>Walking Taco Or Breaded Fish Sandwich</b> Salad Bar Fruit Bread Slice		

Each meal must have a combined  
 $\frac{1}{2}$  **cup** total of vegetables and/or fruit on the tray  
 in order to qualify for a reimbursable lunch.

One full serving from each of 2 other food groups must also be on the tray.

100% WW Bread and Whole Grain Rich Hamburger/ Hot Dog Buns  
 are baked to our specifications  
 by **Blue Boy Bakery**.

“This institution is an equal opportunity provider”.