

Gluten Free Lunch Menu September 2017

Lancaster Community Schools

Monday	Tuesday	Wednesday	Thursday	Friday
4 Labor Day	5 Chicken Fillet on a GF Bun Vegetable Salad Bar Fruit	6 GF Pizza Vegetable Salad Bar Fruit Slushie or Sherbet Cup Happy Birthday!!!!	7 Hamburger on a GF Bun Baked Potato Vegetable Salad Bar Fruit	8 Nachos with Cheese Sauce Vegetable Salad Bar Fruit
11 Ham on GF Bread FF Vegetable Salad Bar Fruit	12 Sloppy Joe or Chicken Salad On a GF Bun Seasoned Potato Wedges Vegetable Salad Bar Fruit	13 Hard Shell Taco Vegetable Salad Bar Fruit	14 Hot Dog on a GF Bun Salad Bar Fruit	15 GF Pizza Vegetable Salad Bar Fruit
18 Chicken Nuggets GF Vegetable Salad Bar Fruit	19 Chicken Philly Sandwich on a GF Bun Vegetable Salad Bar Fruit	20 Hard Shell Taco Vegetable Salad Bar Fruit	21 BBQ Pulled Pork on a GF Bun Baked Potato Vegetable Salad Bar Fruit	22 Sloppy Joe on a GF Bun FF Vegetable Salad Bar Fruit
25 Chicken Fillet on a GF Bun Vegetable Salad Bar Fruit	26 Hamburger on a GF Bun Salad Bar Fruit	27 GF Pizza Vegetable Salad Bar Fruit	28 Ham & Cheese on a GF Bread Vegetable Salad Bar Fruit	29 Early Release/ No Lunch
	1 carton of milk is included with each meal.			

Each meal must have a combined $\frac{1}{2}$ cup total of vegetables and/or fruit on the tray in order to qualify for a reimbursable lunch.

One full serving from each of 2 other food groups must also be on the tray.

100% WW Bread and Whole Grain Rich Hamburger/ Hot Dog Buns are baked to our specifications by **Blue Boy Bakery**.

“This institution is an equal opportunity provider.”