

Winskill Lunch Menu October 2017

Lancaster Community Schools

Monday	Tuesday	Wednesday	Thursday	Friday
2 Popcorn Chicken Au Gratin Potatoes Vegetable Salad Bar Fruit	3 Super Nachos (K-1) or Breaded Fish Sandwich Vegetable Salad Bar Fruit	4 Pizza Vegetable Salad Bar Fruit Slushie Cup Happy Birthday!!!! Happy October Birthdays!!!!	5 Corndogs (K-1) Or Chicken Alfredo FF (K-5) Vegetable Salad Bar Fruit	6 Hamburger, Brat or Hot Dog Cole Slaw Baked Beans Macaroni Salad Potato Chips Fresh Fruit Homecoming Tail Gate
9 Meatball Sub FF Vegetable Salad Bar Fruit	10 Sloppy Joe on a Bun (K-1) or Chicken Salad Sandwich Seasoned Potato Wedges Vegetable Salad Bar Fruit	11 Soft Shell Taco Vegetable Salad Bar Fruit	12 Mozz Sticks/Sauce (K-1) or Spaghetti with Meat Sauce Garlic Bread Stick Salad Bar Fruit	13 Popcorn Chicken Seasoned Potato Wedges (K-5) Vegetable Salad Bar Fruit
16 Walking Taco Vegetable Salad Bar Fruit	17 Chicken & Gravy Over Mashed Potatoes Vegetable Salad Bar Fruit	18 Hamburger on a Bun with Topping Bar FF Vegetable Salad Bar Fruit	19 Orange Chicken/Orange Rice or Breaded Chicken Patty Sand (K-1) FF (K-5) Vegetable Salad Bar Fruit	20 Pizza Vegetable Salad Bar Fruit
23 Chicken Nuggets FF (K-5) Vegetable Salad Bar Fruit	24 Spaghetti /Meat Sauce (K-1) Or Mozz Sticks with Sauce Garlic Bread Stick Salad Bar Fruit	25 Pizza Vegetable Salad Bar Fruit	26 Ham & Cheese Sandwich (K-1) or Tangy BBQ Rib Sandwich Vegetable Salad Bar Fruit	27 Early Release/ No Lunch
30 Popcorn Chicken Mashed Potatoes Vegetable Salad Bar Fruit	31 Ham & Cheese Sandwich (K-1) or Hamburger on a Bun FF Vegetable Salad Bar Fruit			

Each meal must have a combined ½ cup total of vegetables and/or fruit on the tray in order to qualify for a reimbursable lunch.

One full serving from each of 2 other food groups must also be on the tray.

100% WW Bread and Whole Grain Rich Hamburger/ Hot Dog Buns are baked to our specifications by **Blue Boy Bakery**.

“This institution is an equal opportunity provider.”