

# Breakfast Menu

February 2019

## Choices available Daily:

Whole Grain Cereal Bowl

Whole Grain Cereal Bar

100% Whole Wheat Toast

Fresh Fruit

100% Juice – Apple, Grape, or Orange  
Juice

Milk – Skim White, Chocolate,  
or 1% White

**Students are required to choose a minimum of 3 items (max of 4) to put on their tray. 1 item must be a fruit.**



**SERVING BREAKFAST  
FROM 7:35 AM TO 7:55 AM**

1 carton of milk is included with each Breakfast. Additional cartons of milk or juice are available for \$.30 each and will be charged to your meal account.

**Did you know that students who qualify for FREE or REDUCED Lunch also qualify for FREE or REDUCED Breakfast?**



Monday	Tuesday	Wednesday	Thursday	Friday
4 Muffin	5 Pancake/Sausage Wrap	6 Yogurt Cup (K-5) Frosted Donut (6-12)	7 French Toast Sticks	8 Mini Cinni (K-5) Frost Cinn Roll (6-12)
11 Goldfish Cracker pk	12 Mini Bagel	13 Muffin (K-5) Frosted Donut (6-12)	14 Egg & Cheese Breakfast Sandwich	15 Yogurt Cup (K-5) Frost Cinn Roll (6-12)
18 Muffin	19 Pancake/Sausage Wrap	20 Yogurt Cup (K-5) Frosted Donut (6-12)	21 Mini Pancakes	22 Muffin (K-5) Frost Cinn Roll (6-12)
25 Yogurt Cup	26 Bacon Scramble Pizza	27 Muffin (K-5) Frosted Donut (6-12)	28 Mini Bagel	1 Goldfish pk (K-5) Frost Cinn Roll (6-12)

**YOU MUST HAVE 1 SERVING OF FRUIT ON YOUR TRAY.**

“This institution is an Equal Opportunity Provider.”

Lancaster Community Schools