

**MS/HS January Lunch Menu**

**2019**

**Lancaster Community Schools**

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>1 carton of MILK is included with each meal.</b></p>	<p>1</p> <p><b>New Year's Day</b></p>	<p>2</p> <p><b>Pizza</b> Broccoli Salad Bar Slushie Cup or Sherbet Cup Fruit Bread Slice Happy January Birthdays!!!!</p>	<p>3</p> <p><b>Chicken Nuggets Or Hamburger on a Bun</b> Carrots Salad Bar Fruit Bread Slice</p>	<p>4</p> <p><b>Cold Cut Sub</b> Mashed Potatoes &amp; Gravy Baked Beans Salad Bar Fruit Bread Slice</p>
	<p>7</p> <p><b>Chick'N Fry Sticks</b> Hash Brown Patty Green Beans Salad Bar Fruit Bread Slice</p>	<p>8</p> <p><b>Spaghetti w/ Meat Sauce Or Mozz Sticks with Sauce</b> Salad Bar Garlic Bread Stick Fruit Bread Slice</p>	<p>9</p> <p><b>Pizza</b> Corn Salad Bar Fruit Bread Slice</p>	<p>10</p> <p><b>Sloppy Joe on a Bun Or Hamburger on a Bun</b> Baked Potato Green Beans Salad Bar/Fruit Bread Slice</p>
<p>14</p> <p><b>Hamburger on a Bun</b> FF Baked Beans Salad Bar Fruit Bread Slice</p>	<p>15</p> <p><b>Ham &amp; Cheese Sandwich Or Chicken Philly Sandwich</b> Carrots Salad Bar Fruit Bread Slice</p>	<p>16</p> <p><b>Pizza</b> Broccoli Salad Bar Fruit Bread Slice</p>	<p>17</p> <p><b>Mini Corndogs Or Teriyaki Chicken Sandwich</b> Sour Cream &amp; Chive Wedges Stir-Fry Veggies Salad Bar/Fruit Bread Slice</p>	<p>18</p> <p><b>Early Release/ No Lunch</b></p>
<p>21</p> <p><b>Popcorn Chicken</b> Mashed Potatoes &amp; Gravy Corn Salad Bar Fruit Bread Slice</p>	<p>22</p> <p><b>Hamburger on a Bun Or Orange Chicken</b> Orange Rice Green Beans Salad Bar/Fruit Bread Slice</p>	<p>23</p> <p><b>Soft Shell Taco</b> Refried Beans Salad Bar Fruit Bread Slice</p>	<p>24</p> <p><b>Mozz Sticks with Sauce Or Spaghetti w/ Meat Sauce</b> Salad Bar Garlic Bread Stick Fruit Bread Slice</p>	<p>25</p> <p><b>Pizza</b> Carrots Salad Bar Fruit Bread Slice</p>
<p>28</p> <p><b>Mini Corndogs</b> Baked Potato Mixed Veggies Salad Bar Fruit Bread Slice</p>	<p>29</p> <p><b>Hamburger on a Bun Or BBQ Pulled Pork Sandwich</b> Seasoned Potato Wedges Salad Bar Fruit Bread Slice</p>	<p>30</p> <p><b>Super Nachos</b> Salad Bar Fruit Bread Slice</p>	<p>31</p> <p><b>Ham &amp; Cheese Sandwich Or Chicken Philly Sandwich</b> Carrots Salad Bar Fruit Bread Slice</p>	<p>1</p> <p><b>Sloppy Joe on a Bun</b> FF Green Beans Salad Bar Fruit Bread Slice</p>

Did you know that students who qualify for **FREE or REDUCED LUNCH** also qualify for **FREE or REDUCED BREAKFAST**?

Each meal must have  
**½ cup total of vegetables and/or fruit on the tray**  
to qualify as a Reimbursable Lunch.

100% Whole Wheat Bread and Whole Grain Rich Hamburger/Hot Dog Buns  
are baked to our specifications  
by the **Blue Boy Bakery**.

One full serving from each of 2 other food groups must also be on your tray.

“This institution is an equal opportunity provider.”