

Lancaster Community School District		3	Date: 10-13-25 - 10-17-25
Lunch and Breakfast Menus			
Middle & High School			
	Breakfast		Lunch
	3 items are required minimum		* See requirements below
You must have a fruit or juice. You may have both			
Monday			Monday
Apple or Grape Juice or 1 Piece Fresh Fruit			B.B.Q Pork Rib Patty
Entrée 1/Choice			WG Burger Bun
Lucky Charms or Cocoa Puffs or Apple Jacks Cereal Bowl			Sandwich Condiments
WG Toast/B optional grape jelly			French Fries
Assorted Yogurt Cup choice			Corn
Entrée 2/Choice			Peaches or Fresh Fruit
Lucky Charms or Cocoa Puffs or Apple Jacks Cereal Bowl			Salad Bar and Fresh Veggies with Dressings
Breakfast Cereal Bar			Frozen Fudgesickle Bar
Assorted Yogurt Cup			
Tuesday			Tuesday
Apple or Orange Juice or 1 Piece Fresh Fruit			Sliced Deli Ham
Entrée 1/Choice			Sliced Deli Turkey/ Cheese Slice
Apple Jacks or Cocoa Puffs or Trix Cereal Bowl			WG Bun
Cheese Stick choice			Condiments/Sandwich Toppings
WG Toast/B optional grape jelly			Baked Scoop Chips
Entrée 2/Choice			Mixed Vegetables
Pancake Bubbles/Syrup Pkt.	1 items		Salad Bar and Fresh Veggies with Dressings
Sausage Patty	1 items		Mandrian Oranges or Fresh Fruit
			Oatmeal Raisin Cookie
Wednesday			Wednesday
Apple Juice or Tropical Juice or 1 Piece Fresh Fruit			WG. Cheese Pizza
Entrée 1/Choice			Bahama Mixed Vegetables
Apple Jacks or Cocoa Puff or Cinn. Toast Crunch Cereal Bowl			Garlic Cheese Bread Stick
WG Toast/B optional grape jelly			Cinnamon Applesauce or Fresh Fruit
Yogurt Cup choice			Slushie Side Kick Cup
Entrée 2/Choice			Graham Crackers
Apple Jacks or Cocoa Puff or Cinn. Toast Crunch Cereal Bowl			
Glazed W/G Cinnamon Roll	2 items		
Assorted Yogurt Cup choice			
Thursday			Thursday
4 oz. Apple Juice or Grape Juice or Fresh Fruit Piece			Chicken Smackers/Condiments
Entrée 1/Choice			Mashed Potatoes
Apple Jacks or Cocoa Puffs or Trix			Chicken Gravy
WG Toast/B optional grape jelly			Salad Bar and Fresh Veggies with Dressings
Cheese Stick choice			Strawberry Cup or Fresh Fruit
Entrée 2/Choice			Dusted WG Brownie
WG Waffle with syrup	1 items		
Sausage Patty	1 items		
Friday			Friday
NO SCHOOL			NO SCHOOL
* 1 carton milk is included with each meal. 1 % white and chocolate are offered.			
* Each meal must have 3 /4 cup serving of vegetables or 1 /2 cup serving of fruit on the tray in order to qualify as a reimbursable meal			
* One (1) full serving from two (2) other food groups must also be on the tray			
This Institution is an equal opportunity provider.			
*ALL FRESH PRODUCE AND FRUIT IS DOMESTICALLY GROWN WHEN POSSIBLE			

* Menus are subject to change dependent on availability, weather, etc.			
	LIMITED GRAB AND GO MEAL OPTIONS WILL BE AVAIABLE. THIS CHOICE		
	INCLUDES A CARTON OF MILK AND A TRIP TO THE SALAD BAR IF WANTED		