

Lancaster Community School District Lunch and Breakfast Menus Middle & High School		2 DATE: 3/16/26 - 3/20/26
		SALAD OF THE WEEK: Cottage Cheese
Breakfast		Lunch
3 points are required, a max of 4-5 at Breakfast from different food groups		* See requirements below
Monday		Chicken Patty on a WG Bun with Condiments Potato Wedges Broccoli with Cheese Sauce Drizzle Salad Bar and Fresh Veggies with Dressings Fruit Cocktail or 1 Piece Fresh Fruit 1 Slice WG Bread Optional
Apple Juice or Orange Juice or Fresh Fruit Piece		
Entrée 1/Choice		
Apple Jacks or Cocoa Puffs or Lucky Charms Cereal Bowl		
WG Toast/b optional grape jelly		
Assort Yogurt Cup		
Entrée 2/Choice		
4 oz. Apple Juice or Orange Juice or Fresh Fruit Piece		
1 oz whole grain Bug Bites or Scooby Breakfast Snacks		
4oz. Assort. Yougurt Cup		
May have both juice and a fresh fruit		May have 2 Fruit Choices
Tuesday		Hamburger/Cheese Slice/Condiments WG Bun/condiments Tater Puffs Baked Beans Salad Bar and Fresh Veggies with Dressings Applesauce or 1 Fresh Fruit 1 Slice WG Bread Optional
Apple Juice or Grape Juice or Fresh Fruit Piece		
Entrée 1/Choice		
1- Apple Jacks or Cocoa Puffs or Trix Cereal Bowl		
WG Toast/b optional grape jelly		
Cheese Stick OR		
Entrée 2/Choice		
Pancake Bubbles with 1/2oz Syrup	1 item	
Sausage Patty	1 item	
May have both juice and a fresh fruit		May have 2 Fruit Choices
Wednesday		NACHOS Taco Meat with optional Salsa & Sour Cream Cheese Sauce/Diced Tomatoes/Jalapenos/Olives Corn Tortilla Chips Corn Salad Bar and Fresh Veggies with Dressings Mandarian Oranges or 1 Piece Fresh Fruit Oatmeal & Raisin Cookie 1 Slice WG Bread Optional
Apple Juice or Tropical Juice or Fresh Fruit Piece		
Entrée 1/Choice		
1 -Apple Jacks or Cocoa Puffs or Cinn. Toast Crunch		
WG Toast/b optional grape jelly		
Assort. Yogurt Cup		
Entrée 2/Choice		
1 -Apple Jacks or Cocoa Puffs or Cinn. Toast Crunch		
Apple Strudel Stick	2 items	
1- 4 oz. Yogurt		
May have both juice and a fresh fruit		May have 2 Fruit Choices
Thursday		WG Corn Dog/condiments Pkg WG Salsa Chips Peas Salad Bar and Fresh Veggies with Dressings Pineapple Tidbits or 1 Fresh Fruit Piece White Cake/Topping 1 Slice WG Bread Optional
Apple Juice or Grape Juice or Fresh Fruit Piece		
Entrée 1/Choice		
1- Apple Jacks or Cocoa Puffs or Trix Cereal Bowl		
WG Toast/b optional grape jelly		
Cheese Stick		
Entrée 2/Choice		
Breakfast Muffin: Egg/Ham/Cheese	3 items	
May have both juice and a fresh fruit		May have 2 Fruit Choices
Friday		Cheese Quesadilla with Salsa Hash Brown Patties Mixed Vegetables Salad Bar and Fresh Veggies with Dressings Cook's Choice Canned Fruit or Pears OR Fresh Fruit Ice Cream Cup 1 Slice WG Bread Optional
Apple Juice or Orange Juice or Fresh Fruit		
Entrée 1/Choice		
Apple Jacks, or Cocoa Puffs or Cinn. Toast Crunch		
WG Toast/b optional grape jelly		
Assort. Yogurt Cups		
Entrée 2/Choice		
Apple Jacks, or Cocoa Puffs or Cinn. Toast Crunch		
Blueberry Muffin	1 item	
Assort. Yogurt Cups		

May have both juice and a fresh fruit		May have 2 Fruit Choices
* 1 carton milk is included with each meal. 1% white and chocolate are offered.		
* Each meal must have 1/2c cup serving of vegetables or 1/2 cup serving of fruit on the tray in order to qualify as a reimbursable meal		
* One (1) full serving from two (2) other food groups must also be on the tray		
This Institution is an equal opportunity provider.		
*ALL FRESH PRODUCE AND FRUIT IS DOMESTICALLY OR LOCALLY GROWN WHEN POSSIBLE		
* Menus are subject to change dependent on availability, weather, etc.		