

MS/HS Lunch Menu

March 2019

Lancaster Community Schools

Monday	Tuesday	Wednesday	Thursday	Friday
	Did you know that students who qualify for FREE or REDUCED LUNCH also qualify for FREE or REDUCED BREAKFAST ?	1 carton of MILK is included with each meal.		1 Pizza Green Beans Salad Bar Fruit Bread Slice
4 VACATION	5 VACATION	6 VACATION	7 VACATION	8 VACATION
11 Chick'N Fry Sticks Hash Brown Patty Green Beans Salad Bar Fruit Bread Slice	12 Cold Cut Sub Mashed Potatoes & Gravy Baked Beans Salad Bar Fruit Bread Slice	13 Pizza Carrots Salad Bar Fruit Bread Slice	14 Sloppy Joe on a Bun Or Hamburger on a Bun Baked Potato Green Beans Salad Bar Fruit Bread Slice	15 Chicken Nuggets Mashed Potatoes & Gravy Corn Salad Bar Fruit Bread Slice
18 Hamburger on a Bun FF Baked Beans Salad Bar Fruit Bread Slice	19 Ham & Cheese Sandwich Or Chicken Philly Sandwich Carrots Salad Bar Fruit Bread Slice	20 Walking Taco Refried Beans Salad Bar Fruit Bread Slice	21 Mini Corndogs Or Teriyaki Chicken Sandwich Sour Cream & Chive Wedges Stir-Fry Veggies Salad Bar Fruit Bread Slice	22 Breaded Chicken Patty Sand Baked Potato Broccoli Salad Bar Fruit Bread Slice
25 Chicken Nuggets Mashed Potatoes & Gravy Corn Salad Bar Fruit Bread Slice	26 Hamburger on a Bun Or Orange Chicken Orange Rice Green Beans Salad Bar Fruit Bread Slice	27 Pizza Carrots Salad Bar Fruit Bread Slice	28 Mozz Sticks with Sauce Or Spaghetti w/ Meat Sauce Salad Bar Garlic Bread Stick Fruit Bread Slice	29 Soft Shell Taco Refried Beans Salad Bar Fruit Bread Slice

Each meal must have **½ cup total of vegetables and/or fruit on the tray** to qualify as a Reimbursable Lunch.

100% Whole Wheat Bread and Whole Grain Rich Hamburger/Hot Dog Buns are baked to our specifications by the **Blue Boy Bakery**.

One full serving from each of 2 other food groups must also be on your tray.

“This institution is an equal opportunity provider.”