

Breakfast Menu

March 2019

Choices available Daily:

Whole Grain Cereal Bowl

Whole Grain Cereal Bar

100% Whole Wheat Toast

Fresh Fruit

100% Juice – Apple, Grape, or Orange
Juice

Milk – Skim White, Chocolate,
or 1% White

Students are required to choose a minimum of 3 items (max of 4) to put on their tray. 1 item must be a fruit.



**SERVING BREAKFAST
FROM 7:35 AM TO 7:55 AM**

1 carton of milk is included with each Breakfast. Additional cartons of milk or juice are available for \$.30 each and will be charged to your meal account.

Did you know that students who qualify for FREE or REDUCED Lunch also qualify for FREE or REDUCED Breakfast?



Monday	Tuesday	Wednesday	Thursday	Friday
				1 Goldfish pk (K-5) Frost Cinn Roll (6-12)
4 Vacation	5 Vacation	6 Vacation	7 Vacation	8 Vacation
11 Muffin	12 Pancake/Sausage Wrap	13 Yogurt Cup (K-5) Frosted Donut (6-12)	14 French Toast Sticks	15 Mini Cinni (K-5) Frost Cinn Roll (6-12)
18 Muffin	19 Pancake/Sausage Wrap	20 Yogurt Cup (K-5) Frosted Donut (6-12)	21 Mini Pancakes	22 Muffin (K-5) Frost Cinn Roll (6-12)
25 Yogurt Cup	26 Bacon Scramble Pizza	27 Muffin (K-5) Frosted Donut (6-12)	28 Mini Bagel	29 Goldfish pk (K-5) Frost Cinn Roll (6-12)

**YOU MUST HAVE 1
SERVING OF FRUIT
ON YOUR TRAY.**

“This institution is an Equal Opportunity Provider.”

Lancaster Community Schools