

Breakfast Menu

May 2019

Choices available Daily:

Whole Grain Cereal Bowl

Whole Grain Cereal Bar

100% Whole Wheat Toast

Fresh Fruit

100% Juice – Apple, Grape, or Orange
Juice

Milk – Skim White, Chocolate,
or 1% White

Students are required to choose a minimum of 3 items (max of 4) to put on their tray. 1 item must be a fruit.



**SERVING BREAKFAST
FROM 7:35 AM TO 7:55 AM**

1 carton of milk is included with each Breakfast. Additional cartons of milk or juice are available for \$.30 each and will be charged to your meal account.

Did you know that students who qualify for FREE or REDUCED Lunch also qualify for FREE or REDUCED Breakfast?



Monday	Tuesday	Wednesday	Thursday	Friday
		1 Yogurt Cup (K-5) Frosted Donut (6-12)	2 French Toast Sticks	3 Mini Cinni (K-5) Frost Cinn Roll (6-12)
6 Goldfish Cracker pk	7 Mini Bagel	8 Muffin (K-5) Frosted Donut (6-12)	9 Egg & Cheese Breakfast Sandwich	10 Yogurt Cup (K-5) Frost Cinn Roll (6-12)
13 Muffin	14 Pancake/Sausage Wrap	15 Yogurt Cup (K-5) Frosted Donut (6-12)	16 Mini Pancakes	17 Muffin (K-5) Frost Cinn Roll (6-12)
20 Yogurt Cup	21 Bacon Scramble Pizza	22 Muffin (K-5) Frosted Donut (6-12)	23 Mini Bagel	24 Goldfish pk (K-5) Frost Cinn Roll (6-12)
27 Memorial Day	28 Pancake/Sausage Wrap	29 Yogurt Cup (K-5) Frosted Donut (6-12)	30 French Toast Sticks	31 Mini Cinni (K-5) Frost Cinn Roll (6-12)

**YOU MUST HAVE 1
SERVING OF FRUIT
ON YOUR TRAY.**

“This institution is an Equal Opportunity Provider.”

Lancaster Community Schools